

Children In Need Report 2019

1st September 2018 - 31st August 2019 has seen NB Leisure Trust work with 261 children with physical and learning disabilities. Throughout the year we looked to make 3 key differences to the children we worked with.

1. Improved Physical Skill:

175 Children made significant progress, 50 made some progress & 36 were yet to experience progress.

2. Improved Social Skills:

170 Children made significant progress, 48 children made some progress & 43 children were yet to make progress.

3. Improved Confidence:

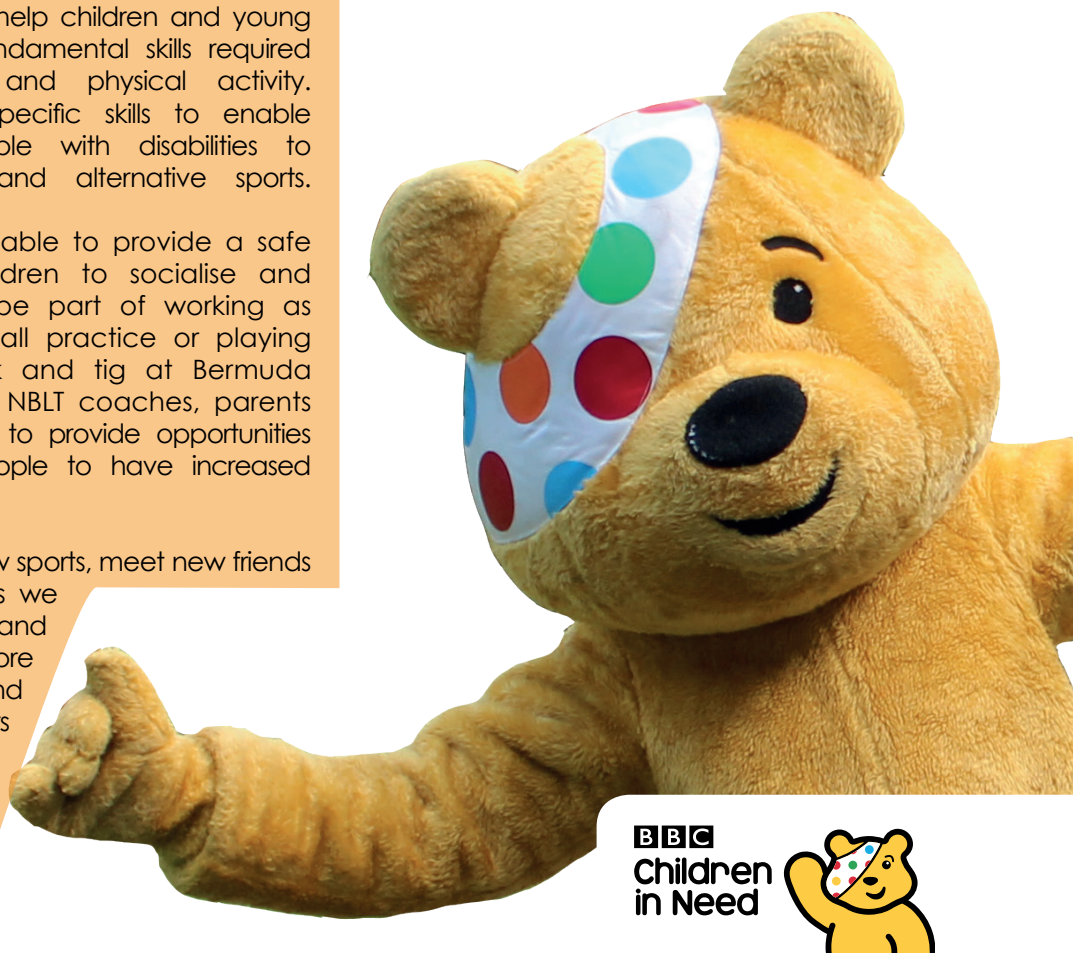
75 Children made significant progress, 43 made some progress & 43 were yet to make progress.

What we have delivered

- NB Leisure Trust and partners are able to work with children and young people through various sports related sessions.
- Delivering after-school sports sessions at 2 special needs schools, for 37 weeks.
- Weekly sessions delivering sports at Bulkington Community Centre for 38 weeks per year.
- Weekly sessions delivering football training with Attleborough Sports JFC, for 50 weeks per year.
- Monthly Bermuda Adventure Soft Play Sessions, totalling 12 per year.
- Stay & Play sessions during School holidays, delivered twice a week, totalling 22 sessions.
- Bikeability Level 1 courses delivered in schools and the community, totalling 12 courses.

How we have delivered it

- All sessions are tailored to help children and young people build a base of fundamental skills required to participate in sports and physical activity. We also work on sport specific skills to enable children and young people with disabilities to participate in traditional and alternative sports.
- At sessions we have been able to provide a safe environment to allow children to socialise and make friends. Whether it be part of working as a team at Disability Football practice or playing a game of hide 'n' seek and tig at Bermuda Adventure Soft Play World, NBLT coaches, parents and peers have been able to provide opportunities for children and young people to have increased interactions.
- By enabling children to try new sports, meet new friends and improve their sports skills we are able to assist in children and young people becoming more confident at our sessions and at home. NBLT and partners have had the privilege to see children and young people's confidence blossom first hand, whether it be by trying a new sport for the first time, competing in a football match against another team or going and giving another child a high five.



Noticeable Moments

Attleborough Sports JFC joined us in supporting our disability football team. The children received their new Attleborough kits and played their first competitive game at the Nuneaton & Bedworth Minor Football League 50th Anniversary tournament.

68 Children participated in a Bikeability Level 1 course. Noticeably some children started the course unable to ride a bike but were able to manoeuvre or pedal the bike by the end of the course. A lot of children taking part in the course received their Bikeability Level 1 course certificate.

We have seen an increase in children and young people accessing more than one of our sessions. Our family inclusion day saw us work with many new children who we have since returned to engage in the project.

Pudsey came to visit us in the Summer of 2019, he visited a number of our activities!

Finally, we would like to say a big Thank you to the children and their families! As well as BBC Children in Need for helping make the sessions possible.

